

A Future to Believe In

107 Reflections on Transforming the Maddening Miracle of Life

“The only real prison is fear, and the only real freedom is freedom from fear.”

~ Aung San Suu Kyi - leader of Burma's
nonviolent struggle for freedom.

Alan Clements

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with Burma's Nobel Peace Prize Winner, Aung San Suu Kyi

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“Every individual has a responsibility to help guide our global family
in the right direction. Good wishes are not sufficient;
we must become *actively engaged*.”

~ 14th Dalai Lama